

Strawberry Basil Agua Fresca

6 ingredients · 5 minutes · 2 servings



Directions

1. Add the strawberries, water, lime juice, maple syrup, and basil to a blender and blend until smooth.
2. Divide the ice cubes into cups. Pour the blended beverage into cups and enjoy!

Notes

Leftovers

Refrigerate in a glass bottle or pitcher for up to three days.

No Maple Syrup

Use raw honey or coconut sugar.

Make it Sparkling

Use some sparkling water to top off your agua fresca.

Make it Smoother

Strain before serving.

Ingredients

288 grams Strawberries (stems removed, plus more for garnish)

474 milliliters Water

1 Lime (juiced)

20 grams Maple Syrup

5 grams Basil Leaves

12 Ice Cubes

Nutrition

Amount per serving

Calories	78	Vitamin D	0IU
Fat	0g	Vitamin E	0mg
Carbs	20g	Vitamin K	14µg
Fiber	3g	Thiamine	0mg
Sugar	13g	Riboflavin	0.2mg
Protein	1g	Niacin	1mg
Cholesterol	0mg	Vitamin B6	0.1mg
Sodium	8mg	Folate	39µg
Potassium	275mg	Vitamin B12	0µg
Vitamin A	168IU	Phosphorous	39mg
Vitamin C	92mg	Magnesium	29mg
Calcium	65mg	Zinc	0mg
Iron	1mg	Selenium	1µg