



De-Cluttering Checklist

CLOTHING

- Tops + Bottoms
- Dresses + Suits
- Jeans
- Jumpers
- Gilets
- Coats + Outerwear
- Socks
- Underware
- Bags
- Accessories
- Jewellery
- Exercise
- Swimwear/Holiday wear
- Evening wear
- Footwear

BOOKS

- Fiction
- Non-Fiction
- Cookbooks
- Instructional
- Reference
- Magazines
- Newspapers

PAPER

- Instruction manuals/Warranties
- Bank Statements
- Credit/store card bills
- Insurances
- Certificates - Marriage/Birth
- Subscriptions
- HMRC/Tax paperwork
- Vehicle - MOT, Logbook
- Mail
- Receipts
- Greeting Cards
- Wrapping paper

OFFICE

- Notepads
- Calendars/Diaries
- Labels + Stickers
- Laminator sheets
- Folders - Home, Car, Financial
- Shredder
- Stapler/Staples
- Elastic bands + Paper clips
- Pens, Pencils, Markers/Dry wipe
- Tape + Bluetac
- Post it notes
- Calculator
- Scissors

ELECTRICAL

- Chargers/cords
- Phone accessories
- Computers/Laptops
- USB storage
- Earphones
- Adapters
- Printer
- Laminator
- Remote controls
- Batteries
- Lightbulbs

BATHROOM/LAUNDRY

- Towels
- Face Cloths
- Toothbrushes + Paste
- Soaps
- Cleaners
- Hair products
- Brushes/combs
- Moisturisers
- Make-up
- Personal Products
- Perfume
- Medication
- Vitamins/Supplements
- Bedding
- Washing Powder
- Fabric Conditioner
- Pre-Treatments

KITCHEN

- Plates + Bowls
- Mugs + Cups
- Glasses
- Cutlery + Utensils
- Tupperware, bags + Wrap
- Pots, Pans + Serving dishes
- Water bottles + Travel cups
- Cleaning products
- Small appliances
- Chopping boards
- Colanders/Sieves
- Fridge/Freezer
- Store/Larder cupboard
- Baking supplies + Tins
- Herbs + Spices

ADDITIONAL ITEMS

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SENTIMENTAL

- Photos + Albums
- Scrapbooks
- Treasure boxes
- Personal Letter
- Old Cards
- Mementos